



START LIST

5000m Men - Final

RECORDS	RESULT	NAME	AGE	VENUE	DATE
World Record WR	12:35.36	Joshua CHEPTEGEI	UGA 24	Monaco (MON)	14 Aug 2020
World Leading WL	12:45.70	Birhanu BALEW	BRN 30	Bruxelles (BEL)	5 Sep 2026

11 September 2026 20:36 START TIME

ORDER	BIB	NAME	DATE of BIRTH	PERSONAL BEST	SEASON BEST	WORLD RANKING
1	202	Cornelius KEMBOI	KEN 29 Feb 00	12:47.29	12:47.29	14
2	105	Egide NTAKARUTIMANA	BDI 21 Oct 97	12:46.73	12:46.73	13
3	204	Jacob KROP	KEN 4 Jun 01	12:45.71	12:51.23	12
4	291	Nico YOUNG	USA 27 Jul 02	12:45.27	12:48.12	11
5	139	Biniam MEHARY	ETH 20 Dec 06	12:45.93	12:47.78	9
6	104	Ky ROBINSON	AUS 27 Feb 02	12:50.82	12:50.82	8
7	268	Grant FISHER	USA 22 Apr 97	12:44.09 i	12:49.61	7
8	224	Jakob INGEBRIGTSEN	NOR 19 Sep 00	12:48.45	13:15.29	40
9	260	Graham BLANKS	USA 24 Apr 02	12:47.98	12:47.98	6
10	272	Cole HOCKER	USA 6 Jun 01	12:57.82 i		5
11	290	Parker WOLFE	USA 27 Jul 03	12:49.45	12:49.45	3
12	140	Addisu YIHUNE	ETH 17 Mar 03	12:47.62	12:47.62	1

World Ranking as of 1 September 2026

i = Indoor performance

ALL-TIME TOP LIST				2026 TOP LIST			
RESULT	NAME	VENUE	DATE	RESULT	NAME	VENUE	2026
12:35.36	Joshua CHEPTEGEI (UGA)	Monaco (MON)	14 Aug 20	12:45.70	Birhanu BALEW (BRN)	Bruxelles (BEL)	5 Sep
12:36.73	Haqos GEBRHIWET (ETH)	Oslo (NOR)	30 May 24	12:46.73	Egide NTAKARUTIMANA (BDI)	Bruxelles (BEL)	5 Sep
12:37.35	Kenenisa BEKELE (ETH)	Hengelo (NED)	31 May 04	12:47.29	Cornelius KEMBOI (KEN)	Bruxelles (BEL)	5 Sep
12:38.95	Yomif KEJELCHA (ETH)	Oslo (NOR)	30 May 24	12:47.62	Addisu YIHUNE (ETH)	Oslo (NOR)	10 Jun
12:39.36	Haile GEBRSELAASSIE (ETH)	Helsinki (FIN)	13 Jun 98	12:47.78	Biniam MEHARY (ETH)	Bruxelles (BEL)	5 Sep
12:39.74	Daniel KOMEN (KEN)	Bruxelles (BEL)	22 Aug 97	12:47.98	Graham BLANKS (USA)	Bruxelles (BEL)	5 Sep
12:40.45	Berihu AREGAWI (ETH)	Lausanne (SUI)	30 Jun 23	12:48.12	Nico YOUNG (USA)	Bruxelles (BEL)	5 Sep
12:40.96	Jacob KIJILIMO (UGA)	Oslo (NOR)	30 May 24	12:48.61	Andreas ALMGREN (SWE)	Oslo (NOR)	10 Jun
12:42.70	Telahun Haile BEKELE (ETH)	Monaco (MON)	21 Jul 23	12:49.45	Parker WOLFE (USA)	Oslo (NOR)	10 Jun
12:43.02	Selemon BAREGA (ETH)	Bruxelles (BEL)	31 Aug 18	12:49.61	Grant FISHER (USA)	Oslo (NOR)	10 Jun